

## Kids Classes

### **Toddler Music & Dance**

Wednesday 9.00 -9.45 a.m

Ages 1-3 years

Must be accompanied by an adult

Your toddler will enjoy dancing to beautifully curated music and learn about tempo, rhythm, emotions and play with an assortment of musical instruments and dance props.

CI 195 for Fall Term 2017 (CI 15 per session if signing for the term)

CI 18 drop in if space available

### **Playshop : Kids Music & Dance**

Saturday 9.00-9.45 a.m

Ages 2.5-5 years

This Playshop combines creative movement, dance and music with a specially curated playlist that allows kids to travel the world becoming astronauts, clowns, dinosaurs, birds hatching from eggs and so much more. Learning and imagination in one super fun class.

CI 195 for Fall Term 2017

CI 18 drop in if space available

### **Kids Yoga**

Saturday 10:00-10.45 a.m

Ages 4-7 years

Experience the magic of yoga through stories, fun games and yoga music. Yoga is so much more than just asanas or poses. It is a way of life, of positive thought and mindfulness and compassion and love of self and of the world. Through the experience of these sessions, we share with kids the tools to embrace ourselves and our world fully and find a sense of contentment.

CI 195 for Fall Term 2017

CI 18 drop in if space available

### **Live Performance: Tall Tales International Folk Stories**

Saturday 11.00-11.45 a.m

Ages 3 to 12 (adults welcome too. stories are for everyone)

Genies and tzars, princesses that cannot cry, nights that it snows tortillas, trickster spiders and coyotes and many more exotic, fantastical, mesmerizing stories are performed. Come be enchanted. (We do NOT read stories from books)

CI 195 for Fall Term 2017

CI 18 drop in if space available

Accompanying adults pay CI 5 each